

## Contacts

### Hamilton Centre

Diabetes and vascular clinics

222 Pembroke Street  
Hamilton 3204 New Zealand  
FreePhone 0508 679 245  
Email [info@osw.co.nz](mailto:info@osw.co.nz)

### Orthotic House

Children, orthopaedics, neurology, rheumatic disorders, post-polio and life-long conditions.

56 Pembroke Street  
Hamilton 3204 New Zealand  
FreePhone 0508 679 245  
Email [info@osw.co.nz](mailto:info@osw.co.nz)

[www.osw.co.nz](http://www.osw.co.nz)

## FACT SHEET

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# How to manage your need for compression garments during COVID-19 self-isolation



# OSW

Orthotic Service Waikato

Te Ratonga Tauteka Waewae Waikato

## About our services

As a result of the COVID-19 shut down we are required to close our centres whilst New Zealand is at Alert Level 4.



We understand that this must be a worrying time for our patients and we want to provide some advice on how you can keep safe during this time whilst you are not able to come to appointments.

### If you are due for a replacement

If you are due for a replacement of your compression garment and qualify for such a replacement as per your annual allowance, please speak to our Orthotist who will be able to assess your situation and will provide further assistance.

## If you have concerns

If you see something you are concerned about, take a photo if you can, and call the normal centre phone number (phone numbers for each centre can be found on the back of this fact sheet). We have had our phone lines redirected during this time and you will be able to speak with an Orthotist.

If you discover any signs of concern from wearing your compression garment such as redness, blistering etc, discontinue wear and contact our centre where one of our orthotists will assist.

If you have recently received a compression garment which is causing discomfort or have questions related to putting your stockings on, or wear times, please contact our centre for assistance.



For the most up to date information on the Covid 19 pandemic, please visit the **Ministry of Health** website on [www.health.govt.nz](http://www.health.govt.nz) and [www.covid19.govt.nz](http://www.covid19.govt.nz)

